



JEWISH HEALING CENTER OF LOS ANGELES

Every Breath

Friends,

It's our pleasure to bring you the April 2015 edition of "Every Breath," the monthly newsletter from the Jewish Healing Center of Los Angeles.

"Every Breath" is an opportunity to share moments of meaning, through news, personal stories, the arts, and other media that can inspire our healing as individuals, and as a community. We hope you will enjoy learning, laughing, crying, wondering, and celebrating these moments with us each month.

We encourage you to also like us on [Facebook](#) and follow us on [Twitter](#) for more opportunities to connect.

B'Shalom,

Rabbi Carla Howard and the JHCLA Team

HEALING ON HOLIDAYS

Managing Life's Transitions with the Omer

By Aviva Perlo



HEALING, HEALTHCARE, AND HOSPICE

Doulas, Who Usher in New Life, Find Mission in Support for the Dying

From The New York Times



For more information about JHCLA's End of Life Care, contact us at (310) 277-1550 or info@jhcla.org

HEALING THE MIND, BODY, AND SPIRIT

I Am You

A Sufi Poem of Healing



HEALING AS WE GRIEVE

Death Of Transgender Ohio Teen Inspires Call To Help Others

From The Huffington Post



JHCLA is proud to provide spiritual support and counseling for LGBT individuals and their families.

For more information, please contact us as (310) 277-1550 or info@jhcla.org

HEALING TOGETHER. UPCOMING EVENTS



We invite you to join us on April 27th for

Refa'Einu

A healing service open to everyone seeking community and comfort.

7:30pm Healing Meditation * 8:00pm Guest Speaker



Temple Beth Am, 1039 La Cienega Boulevard, Los Angeles



This event is free of charge



HEALING EVERYDAY





CONTACT US



 For medical case management and patient advocacy 

 For spiritual counseling and direction 

 When hospice care is needed 

 For a better understanding of hospice and when it is appropriate 

 For caregiver and patient support during long-term illness 

 For crisis intervention 

 For bereavement counseling 

 For individuals, couples and families 

310.277.1550

info@jhcla.org

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