



JEWISH HEALING CENTER OF LOS ANGELES

Every Breath

Friends,

It's our pleasure to bring you the July 2014 edition of "Every Breath," the new monthly newsletter from the Jewish Healing Center of Los Angeles.

"Every Breath" is an opportunity for us to share moments of meaning, through news, personal stories, the arts, and other media that can inspire our healing as individuals, and as a community. We hope you will enjoy learning, laughing, crying, wondering, and celebrating these moments with us each month.

We encourage you to also like us on [Facebook](#) and follow us on [Twitter](#) for more opportunities to connect.

B'Shalom,

Rabbi Carla Howard and the JHCLA Team

HEALING THE MIND, BODY, AND SPIRIT

What is Spiritual Counseling?

A discussion with JHCLA Founder and Executive Director Rabbi Carla Howard



<http://tinyurl.com/o6on4p8>

HEALING EVERYDAY

“Mortality is My Diagnosis”

From *Good Magazine*



<http://tinyurl.com/mfwep8u>

HEALING WITH HUMOR



"Your husband's doing well, but we're going to need to keep him overnight because he's funny and I'm lonely."

HEALING, HEALTHCARE, AND HOSPICE

Palliative Care, the Treatment That Respects Pain

From *The New York Times*



<http://well.blogs.nytimes.com/2013/12/02/palliative-care-the-treatment-that-respects-pain/>

HEALING THE MIND, BODY, AND SPIRIT

**Perfect Match: Brazilian Kids Learn English
by Video Chatting With Lonely Elderly Americans**

From AdWeek



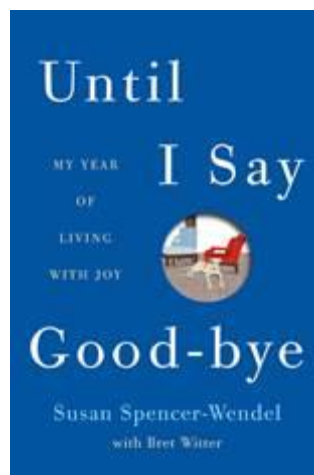
<http://www.adweek.com/adfreak/perfect-match-brazilian-kids-learn-english-video-chatting-lonely-elderly-americans-157523>

HEALING THE MIND, BODY, AND SPIRIT

JHCLA recommends:

UNTIL I SAY GOODBYE

A book by Susan Spencer-Wendel



<http://susanspencerwendel.com/>

HEALING WITH HUMOR

DON RICKLES: "You'll Never Play the Copa"

From *Comedians In Cars Getting Coffee*, with Jerry Seinfeld



<http://comediansincarsgettingcoffee.com/don-rickles-you-ll-never-play-the-copa>

HEALING AS WE GRIEVE

The death of pet can hurt as much as the loss of a relative

From *The Washington Post*



http://www.washingtonpost.com/national/health-science/the-death-of-pet-can-hurt-as-much-as-the-loss-of-a-relative/2012/02/21/gIQALXTXcS_story.html

HEALING EVERYDAY

Living on Purpose

From *The New York Times*



http://newoldage.blogs.nytimes.com/2014/06/03/living-on-purpose/?_php=true&_type=blogs&_php=true&_type=blogs&_r=1&_type=blogs

HEALING, HEALTHCARE, AND HOSPICE

“New hospice model allows curative therapy to continue”

From *Reuters Health*



<http://www.reuters.com/article/2014/05/14/us-curative-hospice-medicare-idUSKBNODU1P220140514>

HEALING THE MIND, BODY, AND SPIRIT

Radical Well-Being: Where We Need to Go

From The Huffington Post



http://www.huffingtonpost.com/deepak-chopra/radical-wellbeing-where-w_b_4804118.html

HEALING TOGETHER. UPCOMING EVENTS



We would like to thank Feldenkrais Trainer Ynez Anthony
for joining us on June 23rd as our final guest speaker
of the 2013-2014 season of Refa'einu Healing Services.

For more information on the Feldenkrais Method, visit <http://www.feldenkrais.com/>

The 2014-2015 season of Refa'einu Healing Services will begin in September.

Stay Tuned for dates and announcements of guest speakers.

THANK YOU FOR YOUR CONTINUING SUPPORT OF THE JHCLA



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www.jewishhealingcenterla.org

