



JEWISH HEALING CENTER OF LOS ANGELES

# *Every Breath*

Friends,

It's our pleasure to bring you the March 2015 edition of "Every Breath," the monthly newsletter from the Jewish Healing Center of Los Angeles.

"Every Breath" is an opportunity to share moments of meaning, through news, personal stories, the arts, and other media that can inspire our healing as individuals, and as a community. We hope you will enjoy learning, laughing, crying, wondering, and celebrating these moments with us each month.

We encourage you to also like us on [Facebook](#) and follow us on [Twitter](#) for more opportunities to connect.

B'Shalom,

Rabbi Carla Howard and the JHCLA Team

**HEALING, HEALTHCARE, AND HOSPICE**

[My Own Life: Oliver Sacks on Learning He Has Terminal Cancer](#)

From The New York Times



**HEALING THE MIND, BODY, AND SPIRIT**

[The Power of Love and Music](#)

From BuzzFeed



**HEALING AS WE GRIEVE**

[Good Grief](#)

From The New Yorker



HEALING THE MIND, BODY, AND SPIRIT

[Song of the Shattering Vessels](#)

A Poem by Peter Cole



HEALING TOGETHER. UPCOMING EVENTS



We invite you to join us on March 30<sup>th</sup> for

**Refa'einu**

A healing service open to everyone seeking community and comfort.

In the season of Passover, we are pleased to present an evening with the

**Coalition to Abolish Slavery & Trafficking (C.A.S.T)**

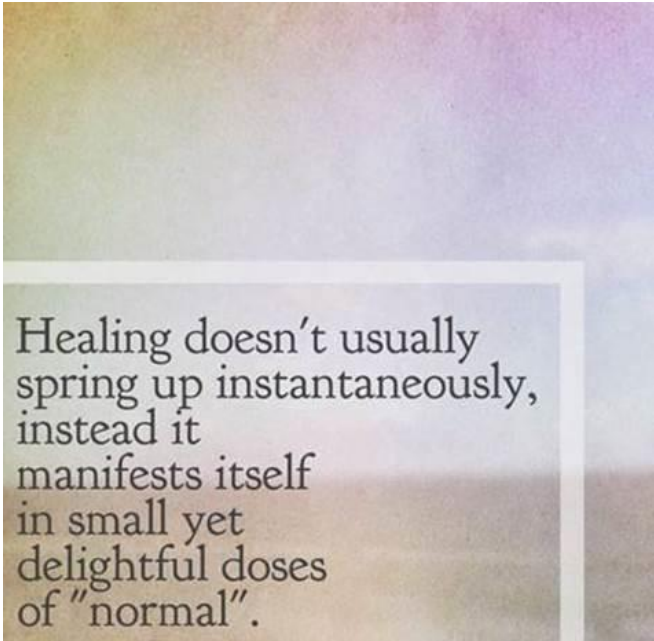
Our guest speaker will be C.A.S.T. Executive Director, Kay Buck

7:30pm Healing Meditation \* 8:00pm Speaker

Temple Beth Am, 1039 La Cienega Boulevard, Los Angeles



This event is free of charge


## HEALING EVERYDAY






Healing doesn't usually  
spring up instantaneously,  
instead it  
manifests itself  
in small yet  
delightful doses  
of "normal".

## CONTACT US



 For medical case management and patient advocacy 

 For spiritual counseling and direction 



 When hospice care is needed 

 For a better understanding of hospice and when it is appropriate 

 For caregiver and patient support during long-term illness 

 For crisis intervention 

 For bereavement counseling 

 For individuals, couples and families 

**310.277.1550**

[info@jhcla.org](mailto:info@jhcla.org)

THANK YOU FOR YOUR CONTINUING SUPPORT OF THE JHCLA



You can also lend your support with



Use [this link](#) to Amazon for your everyday purchases,  
and the AmazonSmile Foundation will make a donation to the JHCLA.

READY TO VOLUNTEER?

Learn more about our volunteer program [HERE](#)

FOLLOW US



[www.jhcla.org](http://www.jhcla.org)

