

Every Breath

Friends,

It's our pleasure to bring you the November 2014 edition of "Every Breath," the monthly newsletter from the Jewish Healing Center of Los Angeles.

"Every Breath" is an opportunity to share moments of meaning, through news, personal stories, the arts, and other media that can inspire our healing as individuals, and as a community. We hope you will enjoy learning, laughing, crying, wondering, and celebrating these moments with us each month.

We encourage you to also like us on <u>Facebook</u> and follow us on <u>Twitter</u> for more opportunities to connect.

B'Shalom,

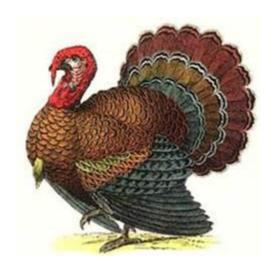
Rabbi Carla Howard and the JHCLA Team

HEALING ON HOLIDAYS

A Prayer for Thanksgiving

By Rabbi Zalman Schachter-Shalomi

http://tinyurl.com/ko5ybsy



HEALING TOGETHER: UPCOMING EVENTS

Come celebrate the season with us at

Thanks & Giving: A Community Day of Service

Sunday, November 23, 12-4pm Temple Beth Am 1039 S La Cienega Blvd

We look forward to welcoming you at the JHCLA booth!

For more information, click HERE



HEALING TOGETHER: UPCOMING EVENTS

JEWISH HEALING CENTER OF LOS ANGELES
INVITES YOU TO PARTICIPATE IN



Our topic this month is

Thanksgiving: A Conscious Harvest of Food and Gratitude

with guest speaker

Devorah Brous, Founding Executive Director of Netiya

Monday, November 24

Temple Beth Am

1039 S La Cienega Blvd

Our evening begins at 7.30pm with group meditation, followed by our speaker at 8pm.

HEALING THE MIND, BODY, AND SPIRIT

5 Reasons Why You Need to Pee in the Forest Once in a While

From the Jewish Journal

http://tinyurl.com/lw695tk



For information about JHCLA Spiritual Counseling and Direction

Call us at 310.277.1550

HEALING, HEALTHCARE, AND HOSPICE

Being Mortal. Medicine and What Matters in the End
An interview with Atul Gawande
From The Daily Show

http://tinyurl.com/kdsa2d4



For information about JHCLA Hospice Services and Patient Advocacy

Call us at 310.277.1550

HEALING EVERYDAY

A very Happy version of Adon Olam

From Kveller

http://tinyurl.com/mpcbz2w



HEALING AS WE GRIEVE

Mourning in the Era of Social Media

From The Sun Chronicle

http://tinyurl.com/m23whsz



For information about the JHCLA Bereavement Group

Call us at 310.277.1550

CONTACT US



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