



JEWISH HEALING CENTER OF LOS ANGELES

# *Every Breath*

Friends,

It's our pleasure to bring you the September 2014 edition of "Every Breath," the monthly newsletter from the Jewish Healing Center of Los Angeles.

"Every Breath" is an opportunity to share moments of meaning, through news, personal stories, the arts, and other media that can inspire our healing as individuals, and as a community. We hope you will enjoy learning, laughing, crying, wondering, and celebrating these moments with us each month.

We encourage you to also like us on [Facebook](#) and follow us on [Twitter](#) for more opportunities to connect.

B'Shalom,

Rabbi Carla Howard and the JHCLA Team

## HEALING ON HOLIDAYS

### **Two Pockets – A Message For Elul**

By JHCLA Founder and Executive Director Rabbi Carla Howard

<http://tinyurl.com/m3468gf>



**HEALING THE MIND, BODY, AND SPIRIT**

**The Surprising Way I Found Comfort in My Daughter's Hospital Room**

A Moment of Spirituality

From Kveller

<http://tinyurl.com/pclyvsk>



For information about JHCLA support for Patients and their Families

Call us at 310.277.1550

**HEALING WITH HUMOR**

**Hospital Sex**

From Old Jews Telling Jokes

<http://tinyurl.com/lnmydec>



## **HEALING, HEALTHCARE, AND HOSPICE**

### **Living and Leaving Your Legacy**

How Will You Be Remembered?

From The Huffington Post

<http://tinyurl.com/k8zcbzj>



For information about Ethical Wills and JHCLA End of Life Care

Call us at 310.277.1550

## **HEALING THE MIND, BODY, AND SPIRIT**

### **Into the Wild Darkness**

The Healing Power of Nature

From The Week

<http://tinyurl.com/psmjyet>



**HEALING, HEALTHCARE, AND HOSPICE**

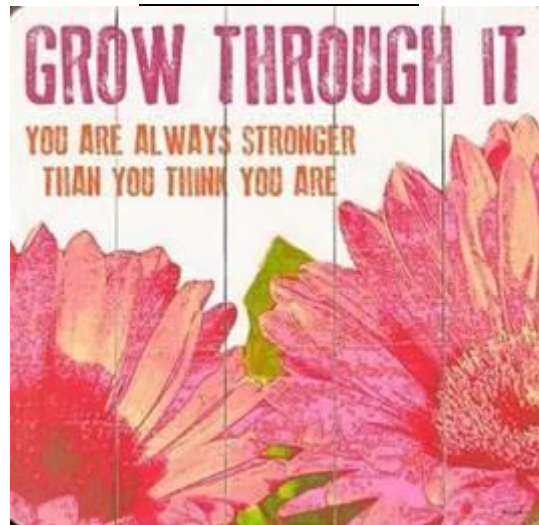
**Hospice Does Not Mean Giving Up**  
A Young Mom Living Well with Cancer  
From Hospice Foundation of America

<http://tinyurl.com/ktsr4eg>



For more information about JHCLA Hospice Care  
Call us at 310.277.1550

**HEALING EVERYDAY**



**CALL US**

💖 When hospice care is needed 💖

💖 For a better understanding of hospice and when it is appropriate 💖

💖 For spiritual counseling and direction 💖

💖 For crisis intervention 💖

For medical case management and patient advocacy  
For caregiver and patient support during long-term illness  
For bereavement counseling  
For individuals, couples and families  
310.277.1550

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