

# Every Breath

Friends,

It's our pleasure to bring you the February 2015 edition of "Every Breath," the monthly newsletter from the Jewish Healing Center of Los Angeles.

"Every Breath" is an opportunity to share moments of meaning, through news, personal stories, the arts, and other media that can inspire our healing as individuals, and as a community. We hope you will enjoy learning, laughing, crying, wondering, and celebrating these moments with us each month.

We encourage you to also like us on <u>Facebook</u> and follow us on <u>Twitter</u> for more opportunities to connect.

B'Shalom.

Rabbi Carla Howard and the JHCLA Team

# HEALING, HEALTHCARE, AND HOSPICE

Before The Conversation

Questions for JHCLA Founder Rabbi Carla Howard



# HEALING THE MIND, BODY, AND SPIRIT

Delicious Medicine for the Body and Soul

From The New York Times



# HEALING, HEALTHCARE, AND HOSPICE

# Incorporating Religion and Spirituality Into Healthcare

From The Huffington Post



## HEALING WITH HUMOR

Sexual Healing

From The Tonight Show Starring Jimmy Fallon



#### **HEALING EVERYDAY**

"True healing is the willingness to treat yourself and others better than the past ever did."

"Matt Kahn"

#### CONTACT US

For medical case management and patient advocacy

For spiritual counseling and direction

When hospice care is needed

For a better understanding of hospice and when it is appropriate

For caregiver and patient support during long-term illness

For crisis intervention

For bereavement counseling

For individuals, couples and families

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